

BREAK POINT.

PRE-MATCH

Light, nourishing and energy-boosting dishes

COURT CHICKEN WRAP 18

Marinated chicken, lemon hummus, avocado, baby spinach and pickled carrots in a whole wheat tortilla

MANACOR TURKEY SANDWICH 18

Slow-roasted turkey, whipped fresh cheese, rocket leaves and semi-dried tomatoes on multigrain bread

MEDITERRANEAN GREEN WRAP 17

Homemade falafel, cucumber, kale, fresh herbs and tahini yogurt dressing

AÇAÍ MATCH BOWL 14

Organic açai, banana, mixed berries, coconut and homemade granola

AVOCADO COURT TOAST 14

Sourdough toast, smashed avocado, lime, mixed seeds, poached egg

RECOVERY

Lean protein to support muscle recovery

RECOVERY CLUB 25

Free-range chicken, farm egg, avocado, vine tomato, yogurt mayonnaise

SALMON POWER WRAP 24

Smoked salmon, light cream cheese, cucumber, baby greens, fresh dill

ATP RECOVERY BOWL 19

Brown rice, grilled chicken, edamame, avocado, kale, carrots, citrus dressing

TUNA PROTEIN SANDWICH 24

Bluefin tuna, free-range egg, rocket leaves, wholegrain mustard cream

GREEN QUINOA BOWL 22

Organic quinoa, feta cheese, avocado, kale, mango, toasted seeds

QUICHES BREAKPOINT 20

Choose from our quiche of the day selection

BREAKPOINT SIGNATURE SALADS

MARBELLA GLOW SALAD 21

Prawns, mango, avocado, mixed baby greens, cucumber, lime vinaigrette

PROTEIN CAESAR LIGHT 21

Slow-cooked chicken, Parmesan, baby gem lettuce, light Caesar dressing

THE MEDITERRANEAN 20

Cherry tomatoes, creamy burrata, fresh pesto, rocket leaves, extra virgin olive oil

COURT DETOX SALAD 19

Baby spinach, organic quinoa, green apple, walnuts, wellness vinaigrette

ADD-ONS

EXTRA PROTEIN 5

AVOCADO 5

POACHED EGGS 3,5

SMOKED SALMON 5

WHEY PROTEIN 5

WELLNESS SNACKS

GREEK YOGURT

WITH FRESH BERRIES 6,5

FRESH SEASONAL FRUIT 7,5

HOMEMADE GRANOLA 4,5

RICE CAKES WITH AVOCADOE 5,5

BARRITAS PROTEICAS 226ERS

NEO BAR 6

Banana & Chocolate

Coconut & Chocolate

White Choco & Strawberry

Chocolate

Peanuts & Chocolate

BARRITA VEGANA DE AVENA 6

Pistacho & Chia Seeds

Strawberry & Cashew